

| BLS Class | RQI (Resuscitation Quality Improvement) | ILT (Instructor Led Training) |
|--------------------------------|--|---|
| Price (book and online course) | \$120 | \$110 |
| Precours Work/Online Course | 2 hour online course | none |
| Practice & Skills Testing | 1 hour | 3 hours |
| Total time investment | 3 hours | 3 hours |
| Class Setting | 1 on 1 with computer and manikin | Group setting with up to 16 students |
| Courses Offered | Over 3000 courses in 28 cities per month | 25 courses per month in 4 cities |
| Certification Card | American Heart Association | American Heart Association |
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| ACLS Class | RQI (Resuscitation Quality Improvement) | ILT (Instructor Led Training) |
| Price (book and online course) | \$290 | \$280 |
| Precourse Work/Online Course | 4 hour online course (experienced students can finish quicker) | 3 hours precourse work, 1 hour Pre-exam |
| Practice & Skills Testing | 1 hour | 7 hours |
| Total time investment | 5 hours | 11 hours (8 hours if renewal) |
| Class Setting | 1 on 1 with computer and manikin | Group setting with up to 16 students |
| Courses Offered | Over 1500 courses in 28 cities per month | 12 courses per month in 4 cities |
| Certification Card | American Heart Association | American Heart Association |
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| PALS Class | RQI (Resuscitation Quality Improvement) | ILT (Instructor Led Training) |
| Price (book and online course) | \$290 | \$280 |
| Precourse Work/Online Course | 4 hour online course (experienced students can finish quicker) | 3 hours precourse work, 1 hour Pre-exam |
| Practice & Skills Testing | 1 hour | 7 hours |
| Total time investment | 5 hours | 11 hours (8 hours if renewal) |
| Class Setting | 1 on 1 with VAM (voice assisted manikin) | Group setting with up to 16 students |
| Courses Offered | Over 900 courses in 28 cities per month | 7 courses per month in 4 cities |
| Certification Card | American Heart Association | American Heart Association |